



- 1. Fill in the initial:** Use all six strands and a 4 m length of thread **a** for the laid thread, and couch this thread in place with one strand (normal length) of a matching thread **a**. Space the stitches about 3 to 4 mm ( $\frac{1}{8}$  in.) apart. Work rows alongside each other and fill in the initial. See more about couching on page 34.
- 2. Make the stems:** Start at the thick base of the stem, couch all six strands of thread **b**, work up to the pink rose at the top of the initial. Proceed down to the tip of the stem at A and end off. Start at the thick base again, work over the first rose, twirling the stem around the initial. Start at the thick base again and complete all the stems this way.
- 3. Make the small leaves:** Use ribbon **1** and straight stitch for the straight leaves. Work from the stem outwards. For tiny round leaves use a two-wrap French knot.
- 4. Make the large leaves:** Use ribbon **1** and detached chain-stitch for the larger leaves.